

Occupational Therapist List

As of 1 November 2024

Company Name	Occupational Therapist	State	Services	Format	Face to Face Service Area	Funding Model	Experience with ME, CFS or long COVID	Referral Contact	Comments
Action Forward	Stephanie Ford	NSW	Functional capacity assessments, Assistive technology prescription, General capacity building/adaptive strategies	Face-to-face, Telehealth	Blue mountains, Bathurst, Western Sydney	NDIS, Privately funded	I have worked with people for over 5 years from access request, reviews for funding, basic and complex equipment	Phone: 0417 696 646 Email: info@actionforward.com.au Web: www.actionforward.com.au	
Total Health Orange	Sarah Davis	NSW	Functional capacity assessments, General capacity building/adaptive strategies, Biofeedback Therapy (key therapy) to regulate CNS and aid these ailments	Face-to-face	Face-to-face	NDIS, Aged Care, Privately funded	I personally had CFS and this treatment made such an enormous change in my function that I spent a large portion of my studies looking into CFS and ME. This is now easily applied to long COVID. I treat numerous clients with these conditions and see an improvement in function, energy, clarity and the ability to identify and communicate their needs.	Phone: 02 5318 1979 Email: info@totalhealthorange.com.au Web: www.totalhealthorange.com.au	
Open Door OT	Kim Carrig	Queensland	Functional capacity assessments, Assistive technology prescription, Home modifications	Face-to-face	South East Queensland	NDIS, Aged Care, Privately funded	Experience with FCAs, AT and home mods	Phone: Email: Kim@opendoorot.com.au Web:	
MLEA	Chelsea Bartlett	Queensland	Functional capacity assessments, Assistive technology prescription, General capacity building/adaptive strategies	Face-to-face, Telehealth	Brisbane	NDIS, Privately funded		Phone: 07 3339 5102 Email: reception@mla.com.au Web: https://mla.com.au/	May have a long waitlist; state specifically that you require someone with experience with ME/CFS when making your booking
Phase One Therapy	Kristyn Mackrell	Queensland	Functional capacity assessments, Assistive technology prescription, General capacity building/adaptive strategies	Face-to-face, Telehealth	South East QLD	NDIS, Privately funded	Experienced OT with experience working with people with ME/CFS	Phone: Email: Web: https://phaseonetherapy.com.au/	
Lofty Health & Wellness	Molly Schultz	South Australia	Functional capacity assessments, Assistive technology prescription, Home modifications, General capacity building/adaptive strategies	Face-to-face, Telehealth	Adelaide Hills and Metro, within about 1 hours drive from Adelaide.	NDIS, Aged Care, Privately funded, Chronic Disease Management Plans	The last 2 years working solely with this population group or similar diagnoses (dysautonomia, POTS, hypermobility spectrum disorder, EDS)	Phone: Email: Web: www.loftyhealth.com.au	There is a long waitlist at the moment I am afraid.
Melanie Weeks Occupational Therapy	Melanie Weeks	Victoria	Functional capacity assessments, Assistive technology prescription, General capacity building/adaptive strategies, FCA for NDIS access, Home and Living Support needs	Face-to-face, Telehealth	Melbourne (south-east and eastern suburbs), Bass coast, West Gippsland	NDIS, Privately funded, Medicare Chronic Disease Management	For the past four years I have been supporting people with ME/CFS, Long Covid and related conditions (POTS, EDS etc). This has included NDIS access assessments, functional capacity assessments, home and living support needs assessments, assistive technology prescription, minor home modifications, and capacity building. I draw on both my clinical experience and lived experience of ME/CFS in my work. I regularly	Phone: Email: melanie@melanieweeks.com.au	

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			and Living Support needs assessment		Victoria	Plan	experience of ME/CFS in my work. Regularly participate in peer to peer educational groups for allied health professionals working with ME/CFS, to ensure that I keep up to date with the latest research.	Web: melanieweeks.com.au	